

**Healing Without Freud Or Prozac: Natural
Approaches To Curing Stress, Anxiety And
Depression Without Drugs And Without
Psychoanalysis**

By David Servan-Schreiber

ISBN: 9781405077583 Title: Healing without Freud or Prozac: Natural Approaches to Curing Stress, Anxiety and Depression without Drugs and without Psychoanalysis

This is the essential book on health anxiety from David Without Freud or Prozac: Natural approaches to curing stress, anxiety and depression without

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Stress Reduction; Leading Nutritionists; pH Balance; Mind / Body Connection; Peak Performance; Health Conditions; Natural Skin Care. Emotional Freedom Technique (EFT)

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